为
Ligue Francophone d'Aviron

National Trials - Beach Rowing Sprint<br>U19 and Elites - Saturday 4 / Sunday 5 May 2024

## I-Rules

In this document you will find the rules of participation in the Beach Rowing Sprint Trials, the progression system depending on the number of participants and the possible race plans.

The national beach rowing sprint trials will allow the best Belgian crews to be selected in mixed doubles U19 and seniors, solo men and women U19 and seniors for the European Beach Sprint Championships, 20-23 June in Gdansk (POL).

These trials will take place on Saturday 4 and Sunday 5 May 2024 in Hazewinkel (Heindonksesteenweg, 2830 Willebroek).

As the Belgian Championships take place only in mixed doubles, the national trials will first take place in solo (U19 men and women, senior men and women). The technical-sporting commission reserves the right to test combinations on Sunday in mixed doubles subject to the results of Saturday in solo.

The best crews (solo and mixed doubles) may be selected for the European Beach Rowing Sprint Championships on Saturday June 22 and Sunday June 23, 2023 in Gdansk (POL). If the same person wins the solo and mixed doubles trials, then the Technical Commission will decide the category (solo or mixed doubles) in which they will be selected (if solo is chosen, the person who finished second in the solo will be able to see offer to participate in mixed doubles after testing). In view of the provisional program, wanting to "double" in solo and mixed doubles is not possible at the European Championships. However, it is possible to do only the solo or only the double mixed at the Trials if the rower only want to be tested in one category and not in the other.

The Beach Rowing Sprint Trials are reserved only for rowers who are considering selection for the Beach Rowing Sprint Europeans : THIS IS NOT A BELGIAN CHAMPIONSHIP.

If selection : - VRL's rowers finance themselves for EU

- LFA's rowers tbd (see with Paul Mosser : p.mosser@aviron.be)


## II - Progression system

## A-) 3 starter system

-2 qualifying heats : the best time of the heats (time trials) in final $A$, the others in repechage

- 1 repechage: the first in the $A$ final


## B-) 4-starter system

- 2 qualifying heats: the classification by time gives the allocation of lanes for the semi-finals (1-4; 2-3)
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final

C-) 5-starter system
-3 qualifying heats : the 3 best times of the heats in the semi-final, the other 2 in the repechage

- 1 repechage: the first in the semi-final
-2 semi-finals: the first in the A final, the second in the B final


## D-) 6-starter system

- 3 qualifying heats : the 2 best times of the heats in the semi-finals, the 4 others in the repechage
- 2 repechages: the first in the semi-final
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final


## E-) 7-starter system

- 4 qualifying heats: the best time in the heats in the semi-final, the other 6 in the repechage
- 3 repechages: the first in the semi-final
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final

F-) 8-starter system

- A first time trials which determines the order of the first 4. The others (5-8) move on to the second time trials.
- A second time trials to determine the 5th, 6th, 7th and 8th time.
- 4 quarter-finals: the first in the semi-final (1-8; 2-7; 3-6; 4-5)
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final


## G-) 9-starter system

- A first time trials which determines the order of the first 4. The others (5-9) move on to the second time trials.
- A second time trials to determine the 5 th, 6 th, 7 th, 8 th and 9 th time. The 9 th beat is eliminated.
- 4 quarter-finals: the first in the semi-final (1-8; 2-7; 3-6; 4-5)
-2 semi-finals: the first in the $A$ final, the second in the $B$ final


## H-) System with 10 starters

- 5 qualifying heats: the 6 best times of the heats in the quarter-finals, the 4 others in the repechage
- 2 repechages: the first in the quarter-finals
- 4 quarter-finals: the first in the semi-final
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final


## I-) System with 11 starters

-6 qualifying heats: the 5 best times of the heats in the quarter-finals, the 6 others in the repechage

- 3 repechages: the first in the quarter-finals
- 4 quarter-finals: the first in the semi-final
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final


## J-) System with 12 starters

- 6 qualifying heats: the 4 best times of the heats in the quarter-finals
- 4 repechages: the first in the quarter-finals
- 4 quarter-finals: the first in the semi-final
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final

K-) System with 13 starters

- 7 qualifying heats: the 3 best times of the heats in the quarter-finals, the 10 others in the repechage
- 5 repechages: the first in the quarter-finals
- 4 quarter-finals: the first in the semi-final
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final


## L-) System with 14 starters

- 7 qualifying heats: the 2 best times of the heats in the quarter-finals, the 12 others in the repechage
- 6 repechages: the first in the quarter-finals
- 4 quarter-finals: the first in the semi-final
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final


## M-) System with 15 starters

- 8 qualifying heats: the best time in the heats in the quarter-finals, the 14 others in the repechage
- 7 repechages: the first in the quarter-finals
- 4 quarter-finals: the first in the semi-final
- 2 semi-finals: the first in the $A$ final, the second in the $B$ final


## N -) System with 16 starters and more

- A first time trials which determines the order of the first 8 . The others (9-...) move on to the second time trials.
- A second time trials to determine the 9th to the 16th time. The others are eliminated.
-8 round of 16: the first in the quarter-final (1-16; 2-15; 3-14; 4-13; $5-12 ; 6-11 ; 7-10 ; 8-9)$.
- 4 quarter-finals: the first in the semi-final
- 2 semi-finals: the first in $A$, the second in $B$


## III - Possibles courses

A-) Slalom with equipment during races (official rules).
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250m


250m

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B-) Slalom with equipment during Time Trials (1 and 2)


